



# MUDDY RUDDER

## Quick Lunch

Served Monday through Friday, 11:00 am to 3:00 pm

### Specialty Sandwiches

Served with choice of fries, 4-bean salad, cole slaw or homemade kettle chips.  
Add sweet potato fries for 1.00

**New! CHICKEN WALDORF SALAD SANDWICH**  
Chicken, walnuts, pears, celery and dried cranberries on rosemary foccacia 9.00

**GRILLED PORTABELLO SANDWICH**  
Marinated portabello mushroom with fresh mozzarella, roasted red pepper, and baby spinach, served on a brioche roll 8.00

**ROASTED TURKEY CLUB**  
Sliced turkey, Canadian bacon, American and Swiss cheeses, bacon, lettuce, tomato and mayo on toasted wheat bread 9.00

**ROASTED TURKEY PANINI**  
Rosemary foccacia, turkey breast, pesto mayo, sliced tomatoes and fresh mozzarella grilled crispy and hot 9.00

**BUFFALO BURGER**  
A leaner alternative for the person who is hungry for that lunch time favorite. Served with lettuce, tomato, red onion and pickle 8.00

**PASTRAMI & SWISS ON RYE**  
A lean cut of pastrami and Swiss cheese served on grilled rye bread 9.00

**New! THE CALIFORNIA**  
Havarti cheese, tomato, avocado, zucchini, lettuce and red onion with cucumber wasabi dressing on whole grain bread 9.00

**New! SMOKED BRISKET**  
Smoked beef, bbq sauce and provolone cheese on a brioche roll 9.00



**LOBSTER ROLL**  
Fresh Maine lobster meat blended with mayo, served in a sub roll ..priced daily

**CRABMEAT ROLL**  
Fresh native crabmeat blended with mayo, served in a sub roll 16.00

**CRAB & LOBSTER CAKE SANDWICH**  
Our homemade crab and lobster cake pan-fried and served on a brioche roll with lettuce, tomato and remoulade 9.00

### SOUP & 1/2 DELI SANDWICH

A combination of today's fresh soup with your choice of deli-style ham and Swiss, or turkey sandwich, with lettuce and tomato on whole grain bread. 7.00

*Substitute a cup of clam chowder or a crock of French Onion soup for 1.00*

### Seasonal Salads

**LUNCH CAESAR SALAD**  
A smaller version of crisp Romaine lettuce tossed with Caesar dressing, parmesan cheese and croutons topped with your choice of:

- Charbroiled Chicken Breast 8.00
- Fried Maine Shrimp (plain or cajun style) 9.00

**CHICKEN COBB SALAD**  
A smaller version of chilled greens layered with Monterey Jack cheese, tomatoes, black olives, bacon and your choice of grilled teriyaki or buffalo-style chicken breast 9.00



**CARIBBEAN SHRIMP SALAD**  
Five fantail shrimp grilled with a Caribbean mango sauce. Served on baby iceberg with mango, pineapple, red onion, red and green peppers & pepper jack cheese 10.00

**GOAT CHEESE AND FRUIT SALAD**  
Pineapple, cantaloupe, honeydew, grapes, toasted pecans and goat cheese served on top of chilled greens 9.00

**SOUTHWESTERN SALAD**  
Spicy chicken, roasted corn, black beans and diced tomatoes all tossed in a ancho, chipotle sauce. Topped with Colby and brick cheese blend and tortilla strips. Nestled in baby iceberg 9.00

**SMOKED BEEF BRISKET SALAD**  
Wedges of baby iceberg and diced tomatoes with sauteed onions, peppers and mushrooms on smoked beef topped with Monterey jack cheese 10.00

**MAINE BLUEBERRY SALAD**  
Feta cheese, toasted pecans, tomatoes, bacon, and chilled greens tossed with our house blueberry dressing topped with grilled chicken 9.00

**MEDITERRANEAN SALAD**  
A smaller version of chilled greens tossed with Feta cheese, dried apricots and Kalamata olives...

- Charbroiled Chicken Breast 8.00
- Pesto Grilled Jumbo Shrimp 10.00



### ASIAN QUINOA (KEEN-WA) SALAD

This is the only grain with all eight amino acids. Tossed with mandarin oranges, mango, green onion, radicchio, snap peas, shredded carrots, with herbs and spices. Topped with your choice of orange ginger glazed chicken or coconut shrimp 9.00

### Wraps

Wraps are served with your choice of french fries, 4-bean salad, cole slaw or homemade kettle chips. Add sweet potato fries for 1.00

#### SPICY FAJITA WRAP

Sauteed red and green peppers, onions, mushrooms and Monterey Jack cheese rolled in a warm flour tortilla, garnished with sour cream, salsa, tomato, sliced black olives and guacamole. Your choice of beef or chicken 10.00

#### CHICKEN CAESAR WRAP

Grilled chicken breast with tomatoes, crisp Romaine lettuce and Romano cheese topped with Caesar dressing 8.00